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FOR IMMEDIATE RELEASE

SLEEPING WITH MY SHOES ON BY LJ JACKSON IS AN INSPIRING BOOK TO EMPOWER WOMEN WORLDWIDE

*THE BOOK IS NOW AVAILABLE ON AMAZON & IT IS ENABLING WOMEN TO ACCEPT THEIR PAST WHILE
GIVING THEM COURAGE TO MOVE ON IN THEIR LIVES*

Los Angeles, CA, USA - June 12, 2017: Personal Power Within, Inc. has announced the release of an all new book, by the award winning expert and author L. J. Jackson. The title of this new book 'Sleeping with My Shoes On: Reclaim Your Innocence, Reclaim Your Power' speaks to the ongoing and forever relevant issues of many of the stories happening in the world today. Stories of children being robbed of their innocence as they are forced to grow up far too soon after experiencing and witnessing things from war to rape to kidnapping, forced marriage, and trafficking.

"This book intends to give a voice to the innocent child inside every adult who, despite the efforts of many experienced traumatizing events of some kind; or what I call the 'Fires of Life'". Said L. J. Jackson, the author of Sleeping with My Shoes On'. "During my research while writing this book, I discovered that many "Gen Xer's" feel like they still need help growing up." She added. Her goal is to help women nationally and worldwide reclaim their power.

The book will give these women a chance to move on and experience healthier connections and relationships despite sexual abuse, violence, or traumatic events they've experienced or witnessed. The book is now available in stock on Amazon Kindle as well as paperback editions and it is already creating a major buzz on Social Media and it has already received a phenomenal response from women worldwide. Besides women, men have also appreciated the efforts of LJ and have praised her work in this book.

About LJ Jackson

L. J. Jackson, MS, PPS, CMC is a Los Angeles based American author, certified life coach, and motivational speaker. She is also a mentor, a cheerleader and a vocal advocate for women and children. L.J. Jackson of Personal Power Within, Inc. has worked as a School Counselor, is a trained School Psychologist, and Educational Consultant. Likened to such renowned influencers as Iyanla Vanzant, L.J. leaves her clients feeling empowered and fully motivated to take action to create the life and career of their dreams.

To view the book trailer visit: <https://youtu.be/X2gwAvQ0lhk>

To get this book today on Amazon, please visit: www.amazon.com/dp/B0719CB9XH